

# PARROT HEAD BAR AND GRILL



## QUICK BITES

### Chips and Salsa - \$6

- \$3 Add Queso

### Super Nachos

A mammoth stack of chips, layered with queso, beans, and shredded cheese. Served with sour cream, salsa, and jalapeños

- Chili \$14.95 Chicken \$14.95 Blck Shrimp \$15.95

### Chili Cheese Nachos - \$10

### ¼ # Dogs - \$3

Add chili - \$2 Add second dog \$2

### Bodacious Wings

Buffalo, Caribbean Jerk, Sweet Asian Chili, Garlic Parmesan, Lemon Pepper, or Spicy BBQ

- Twelve Wings -\$18 Six Wings -\$10

### VEGAN Pub Pretzels - \$9

Bavarian-style pretzel sticks served with spicy cheese and honey Dijon mustard

### VEGAN EZ Peel Shrimp -\$14/\$8

1 pound or ½ pound gulf shrimp seasoned with Old Bay seasoning. Served hot or cold

### Grilled Oysters

Mopped with lemon, wine, parmesan, and butter Market

## FRESH SALADS

### NEW Southwest Salad - \$14

Mixed greens, chicken, roasted corn, dice tomatoes, cheddar, jalapeño ranch dressing, and crispy tortillas

- Sub Blackened Shrimp \$5

### Caesar Salad - \$8

Romaine, Parmesan cheese, and crunchy croutons. Lightly dressed with classic Caesar dressing. Try it as a wrap!

- Add Grilled Chicken - \$5 Blackened Shrimp - \$6

### NEW Shrimp & Spinach Salad - \$14

Spinach, blackened shrimp, bacon, cranberries, feta cheese, and finished with a raspberry vinaigrette

### Chopped Salad - \$14

Mixed greens, cheese, red onions, diced ham, tomatoes, bacon, carrots, and croutons. Served with crackers

### Shrimp Remoulade - \$14

Clean and simple - we start with fresh local gulf shrimp seasoned and boiled in a blend of spices. Next we toss them in our house remoulade sauce - with just a hint of heat. Served on a bed of iceberg, tomato wedges, and saltine crackers.

## HOUSE SOUPS

### Soup of the Day - \$4/6

Ask your server about our unique selection

### LOCAL Ya Ya Gumbo Sm \$9 / Lg \$17

Our house specialty! We use fresh chicken, pork sausage, cajun shrimp, and of course our house trinity and a dark roux to make a perfectly seasoned generous portion of gumbo. Served with a dollop or two of our cajun rice.

### Made Here French Onion Soup Crock - \$9

Our house specialty! House made stock, sweet onions, dry white wine, large crouton, and three cheeses melted till perfection

## BURGERS BY THE BAY

½ # Burgers made with certified angus beef and served on a toasted brioche roll. Served with chips.

### Bodega Burger - \$14

Smoked Bacon, cheddar, lettuce and tomato

### 👑 Bacon Jam Burger - \$14

Chargrilled and topped with a sweet Hot Honey Bacon Jam, jalapeños cheddar sauce, lettuce and tomato

### 👑 Peanut Butter Burger -\$14

Creamy peanut butter and sweet mango habanero top our char grilled burger with bacon, lettuce, and tomato

### LOCAL Harold Burger-\$14

Our signature Bodega burger is topped with "Patton" spicy sausage, honey jalapeños, jack cheese, lettuce, tomato, and jalapeño mayonnaise

### Turkey Burger - \$14

8oz house made patty with pepper jack cheese, lettuce and tomato

### 👉 Veggie Portobello Burger - \$14

Marinated broiled portobello stuffed with a trio of cheeses. Topped with avocado, lettuce and tomato

### 👉 Veggie Burger - \$13

Double patty black bean burger with pepper jack cheese, lettuce, and tomato. Served on a brioche bun

## SEASHORE SLIDERS

Sliders come with (3) sliders and are served with chips

### All American Sliders - \$12

3 Angus "mini" Burgers topped with American cheese

### Gulf Shrimp Sliders - \$12

Our shrimp remoulade topped with shaved lettuce

### French Dip Sliders - \$12

Our signature beef, cheese, and au jus

### Muffaletta Sliders - \$12

Ham, Genoa salami, provolone, olive salad

# SIGNATURE SANDWICHES

## **👑 French Dip - \$15**

Slow roasted beef debris, provolone cheese and au jus

## **Frenchuletta - \$17**

Grilled ham, Genoa salami, provolone, and olive salad mix

## **👑 Cubano - \$16**

Roasted pork, grilled ham, Swiss cheese and honey mustard

## **New Crab Cake Sandwich - \$18**

Our house specialty - all crab all day!

## **Pulled Pork Sandwich - \$14**

Topped with BBQ sauce, corn chips, and cheddar cheese on Brioche roll

## **Chicken Club - \$16**

Grilled chicken, ham, bacon, Swiss, lettuce and tomato

## **New Texas Quesadilla**

Choice of Chicken (\$13), Beef (\$14) or Shrimp (\$15). Served with sour cream, salsa, and jalapeños on the side. Complimentary beans and rice served upon request

## **Ferdi Ciabatta - \$16**

Slow roasted beef, grilled ham, and Swiss cheese.

## **New Southwest Chicken Wrap - \$14**

Grilled chicken, peppers, onions, cheddar cheese, rice, and beans. Served with sour cream and jalapeños

## **Caprese Sandwich - \$14**

Roma tomatoes, basil, mozzarella, and balsamic vinaigrette

Signature sandwiches are served with one side

# HOUSE SPECIALTIES

## **Peel and Eat Shrimp Dinner - \$16**

1 pound of jumbo gulf shrimp tossed in Old Bay butter. Served with corn and potatoes

– Add Sausage! ¼# - \$2.50 ½# \$4.50

## **Maryland Crab Cakes - \$28**

2 large - all crab pan seared Maryland blue crab seasoned with Old Bay. Served with 2 sides

## **VEGAN Mac Attack - \$10**

Creamy 4 cheese macaroni topped with your favorite protein. Served with garlic toast!

– Shrimp - \$14.95 Chicken \$13.95

## **Texas Tacos - \$14**

"The Classic" - Queso fresco, cilantro, and onion. Served with rice and beans

## **VEGAN Baja Fish Tacos - \$14**

Grilled Mahi in corn tortilla. Topped with feta, cabbage, and mango pico de gallo. Served with rice and beans

## **VEGAN Blackened Shrimp Tacos - \$14**

Blackened shrimp in a warm flour tortilla with shredded lettuce, tomato, and goat cheese. Served with beans and rice.

# PIZZA GROTTO

## **Pepperoni - \$12**

## **Cheese - \$10**

## **Vegetarian- \$12**

## **Caprese - \$13**

## **Muffaletta - \$15**

Traditional or Ciabatta (Cauliflower crust add \$3)

# KID'S CORNER

## **Kids Pizza - \$8**

Pepperoni or cheese. Served with chips and a drink

## **Kids Cheeseburger - \$8**

Served with chips and a drink

## **Kids Quesadilla - \$8**

Served with chips and a drink

– Beans and rice served upon request

## **Kids Grilled Cheese - \$8**

Triple cheese on Texas toast with chips and a drink

## **New Kids Nuggets - \$8**

Served with chips and a drink

## **Kids Hot Dog - \$8**

All beef dog served with chips and a drink

# SIDES

Zappo Chips    Potato Salad    Broccoli  
Coleslaw    Rice    Borracho Beans

– Corn on the Cobb (2) (add \$1.00)

--Mac and Cheese (add \$2.00)

# SWEET STREET

## **Triple Chocolate Torte Cake - \$6**

Decadent chocolate cake layered with chocolate ganach

## **New York Cheese Cake - \$6**

Rich and creamy with a graham cracker crust

## **Key Lime Pie - \$6**

Key lime pie - made with tart key lime juice, egg yolks, and sweetened condensed milk



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